

---

---

**COMPREHENSIVE PAIN MANAGEMENT CENTER, INC.**

7152 N. SHARON AVE, SUITE 104

FRESNO, CA 93720

559-447-4898

---

---

**INSTRUCTIONS FOR YOUR PROCEDURE AT THE SURGERY CENTER**

**Do not stop anti-coagulation medications without the approval of the practitioner who is prescribing it.**

**7 days prior to your procedure:**

- Stop taking Plavix/Coumadin.
- Stop taking any Aspirin, Ibuprofen or Anti-inflammatory medications.
- Stop taking Brilinta.
- Stop taking all vitamins.

**3 days prior to your procedure:**

- Stop taking Eliquis/Xarelto.

**The night before your procedure:**

- Do not eat or drink after midnight the night before your scheduled procedure date.

**The day of your procedure:**

- **FOR SURGERIES – DO NOT take your high blood pressure medicine.**
- **FOR INJECTIONS - Take your high blood pressure medication the morning of your procedure with a small sip of water**
- Diabetics: continue your diabetic medication.
- Please shower or bathe with antibacterial soap the evening before or morning of your procedure.
- Do not wear jewelry, contact lenses or hair clips.
- Leave money and other valuables at home.
- Wear loose and comfortable clothing.
- If you should develop a cold, flu or fever-like symptoms before your procedure please contact our office or the surgery center to re-schedule.
- Bring your ID, Insurance cards and/or Medicare card with you.
- **You will need a driver to bring you to the facility and take you home.**
  - **Please have your driver contact information available.**
  - **Your driver must stay nearby the surgical center, so they are readily available to pick you up.**
- **NO public transportation/Uber or Lyft will be allowed unless accompanied by a responsible adult. If you schedule transportation through your insurance company, inform them you are getting anesthesia so it must be through a medical transportation company.**

**PROCEDURE DATE:** \_\_\_\_\_ **ARRIVAL TIME:** \_\_\_\_\_

If you have any questions regarding your appointment, please call our office at (559) 447-4898.  
To reach the surgery center Nurse, please call (559) 261-3659.

**Please be aware that you may receive four separate billing statements for each of your scheduled procedures from the following entities. Comprehensive Pain Management Center, Inc., Anesthesia Group, Valley Imaging Services, and your physician.**

\*\*\*Attention\*\*\*

\*\*\*A Comprehensive Pain Management Center billing specialist may be contacting you to discuss your out-of-pocket expense\*\*\*